

E-Power Light Tube Test

www.chimachine4u.com

Light up your life *with* SOQI E-POWER!

Ever wonder how the energy levels in your body are? Would you like to improve your health? It's time to find out, and SOQI E-Power may just have the answer for you!



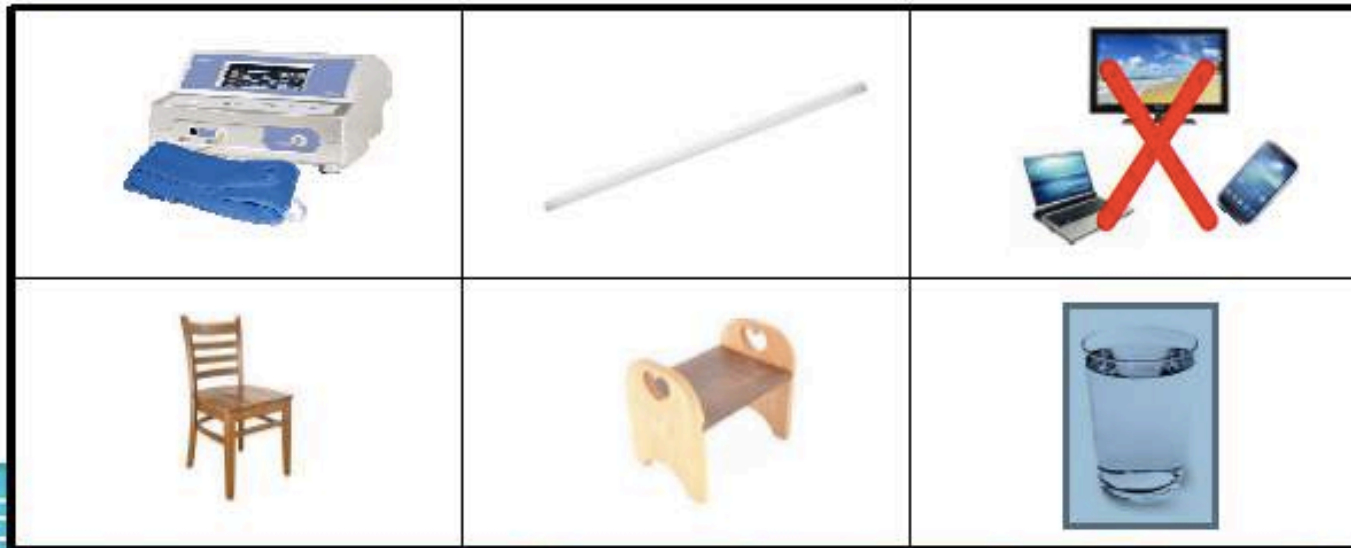
What is the fluorescent light tube test?

- The fluorescent light tube test utilizes the E-Power and the light tube to form a closed loop circuit.
- Tests the energy levels and the condition of blood circulation throughout the body.
- An easy and affordable way to test and predict energy blockages.



Preparations

- quiet, clean and spacious environment
- dedicated outlet; avoid electronic devices; remove all metals
- E-Power and E-Power belt
- florescent light tube (40W, 48",12T)
- wooden chair and stool
- glass of drinking water



Different energy levels:

<i>Energy Level</i>	<i>definition</i>
1	the light tube lights up right away without having to touch the light tube.
2	takes 1 – 2 taps on the light tube before it lights up.
3	takes 1 – 2 strokes on the light tube before it lights up.
4	Does not or is difficult to light up

During the Test

When starting the test, remember to...

- Place the E-Power belt as shown in Fig 1
- Limit the test to 15 minutes.
- Dim the light in the room for better results.
- Serve water and set the E-Power to **low**.
- Make sure your hand has good contact with the metal ring on the light tube (Fig 2 & 3)

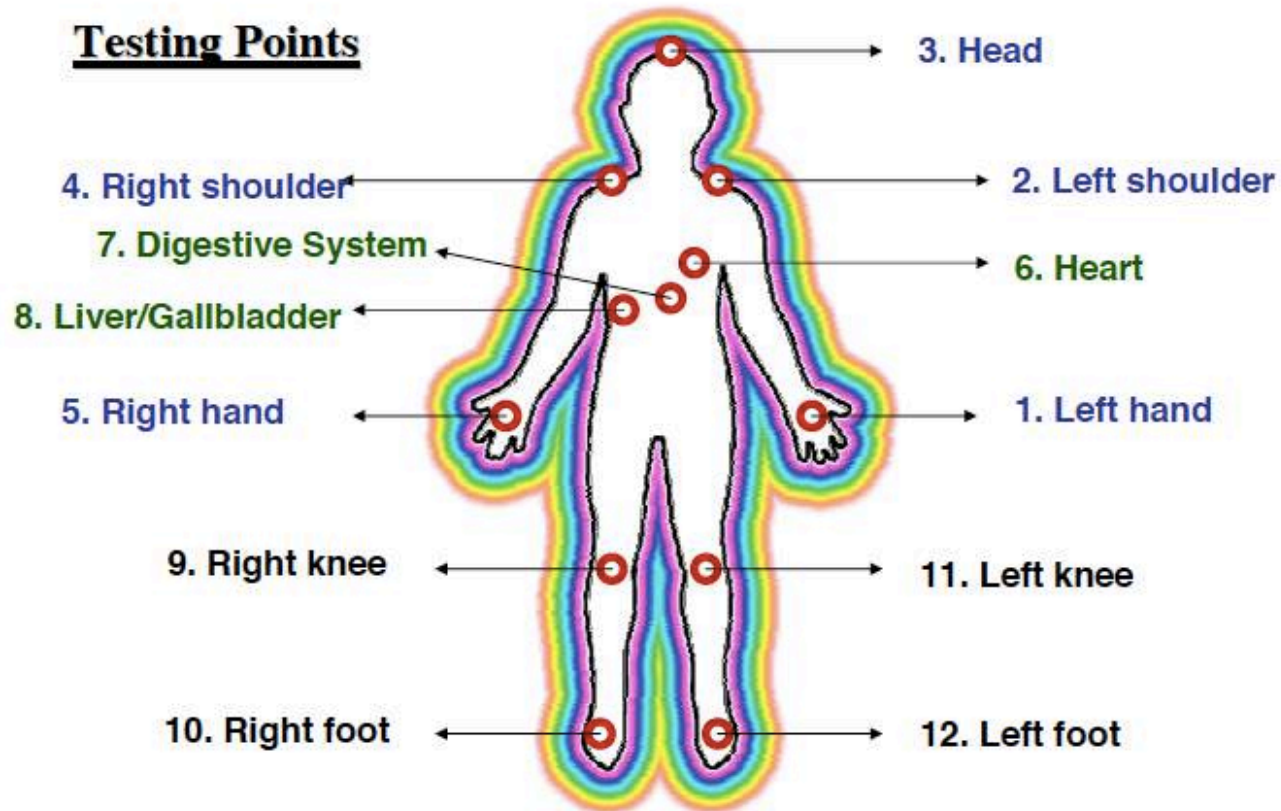
Fig1



Fig2



Testing Points



Finding the Testing Points

Heart	<p>steps:</p> <ol style="list-style-type: none"> 1. Use your index finger and find the bottom of the sternum 2. Draw a straight line to the center point of the left chest and that is where the testing point is. (see Fig 1)
Digestive System	<p>steps:</p> <ol style="list-style-type: none"> 1. Find the bottom of the sternum 2. Find the navel 3. The testing point is located right in the middle of these two points.
Liver/Gall Bladder	<p>steps:</p> <ol style="list-style-type: none"> 1. Use your index finger and find the bottom of the sternum 2. Draw a straight line to the center point of the right chest 3. Place 3 fingers under the center point as show in Fig1. 4. Use the other hand and place 2 fingers perpendicularly under the other 3 fingers. The testing point is located right where the 90° angle is. (see Fig 1)
Knee	<p>steps:</p> <ol style="list-style-type: none"> 1. Find the top edge of the knee cap. 2. The testing point is located right in the middle of the top edge of the knee cap. (soft indent)
Foot	<p>steps:</p> <ol style="list-style-type: none"> 1. See Fig 3

Fig 1

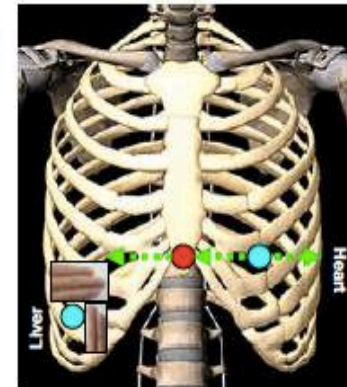


Fig 2

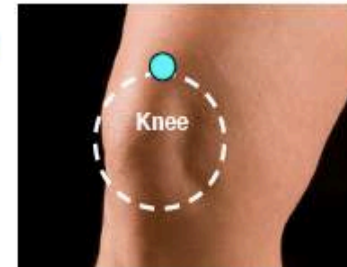
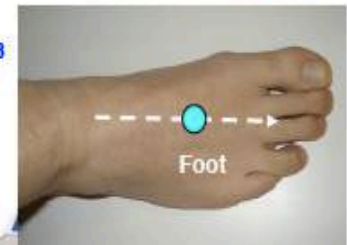


Fig 3



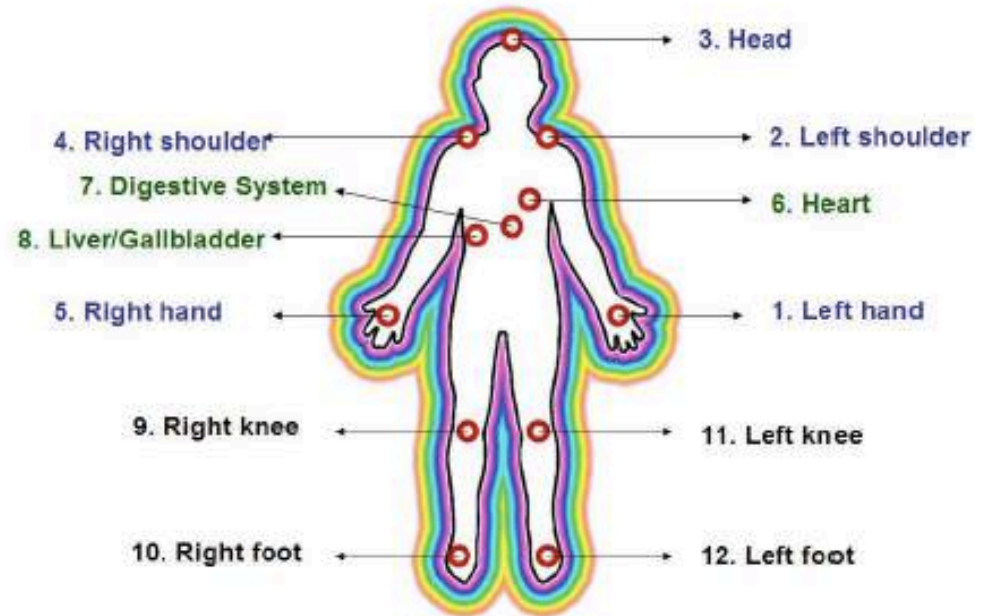
Upper body	Ideal level	Remarks
1. Both hands	1	1. If the light tube fails to fully light up after being stroked by your fingers, it is considered a level 4 2. For more accurate results, the metal ring on the light tube should have close contact with the body
2. Both shoulders	1-2	
3. Head	2	
4. Heart	2	
5. Stomach	2	
6. Liver and Gallbladder	2	
7. Lower abdomen	2	
Lower body	Ideal level	
1. Both knees	1	
2. Both foot	1	





Position	Ideal Energy Level	Poor energy level Possible symptoms
Both Hands	1	Stiff neck / Cervical Vertebra discomfort Numbness / powerless / stiff arm and hand, Tennis elbow, Cold hands, Arthritis
Both shoulders	2	Stiff shoulder, Scapulohumeral Periarthritis, Stiff neck
Head	2	Poor sleep, Insomnia, Headache, Migraine, Poor memory and concentration, Dizziness, Blurry vision, Mental illness
Heart	2	Poor breathing / Dyspnea, Fatigue, Cardiopathy, Lack of strength, Stress
Stomach	2	Gas/bloating after meals, Heartburn, Stomach issues, Digestive system dysfunction, Constipation, Irregular bowel movement, Diarrhea, Athopia / Mental or emotional disorder

Position	Ideal Energy Level	Poor energy level Possible symptoms
Liver and Gallbladder	2	Allergies, Poor Liver, Hepatitis, Gallstone, Poor appetite, Tiredness, Cramps
Both knees	1	Numb or painful knees, Overweight, Rheumatism, Gout, Varicosity, Injury
Both feet	1	Numb or powerless legs, Overweight, Rheumatism, Gout, Injury, Cold feet

Analyze by systems

Testing Points	Systems
1 ~ 5	upper body blood circulation
6	cardiovascular functions
7	digestive system
8	body detoxification
9 ~ 12	lower body blood circulation



SOQI	Poor upper body blood circulation	Poor cardiovascular functions	Poor digestive system	Poor body detoxification	Poor lower body blood circulation
Low energy level on	hands, shoulders, head	shoulders, head, heart	digestive (stomach & intestines)	liver (gallbladder) & digestive system	knees & feet
Likely issues and symptoms	stiff neck, shoulder pain, injured shoulders, frozen shoulders,	lack of oxygen could cause headaches, poor sleep quality, poor memory retention, poor concentration, fatigue, stroke	constipation, indigestion, heartburn, acidity (PH)	poor body detox could cause terminal diseases, allergy, fatigue, mood swing, acidity (PH)	back pain, waist pain, cramps, numbness, varicose vein, injuries
Negative Potential Energy 		Negative potential energy helps cells absorb nutrients, water and oxygen efficiently. Heart gets energy from blood carrying oxygen and nutrients.	Negative potential energy brings PH balance to your body and help the cells absorb nutrients, water and oxygen efficiently	Negative potential energy detoxify your body at cellular level, activates ATP and makes your body more alkaline.	
Chi Energy 	improves blood circulation and increase energy flow to remove energy blockages	strengthens heart tissues, provides oxygen , and improves blood circulation	helps bowel movement and reduces the condition of constipation. Assists in cleansing the intestines.	stimulates lymph nodes and triggers the detoxification process in lymphatic system	improves blood circulation and increase energy flow to remove energy blockages
Far Infrared 	far infrared relaxes muscles, repairs damaged tissue and helps blood circulation and metabolism.	far infrared repairs damaged tissues, and effectively deliver oxygen to body organs, especially the brain .	far infrared reduces heavy metals which are directly related to metabolic imbalances in the body which will cause improper digestion	far Infrared eliminates chemicals stored in the fat cells. reduces inflammation and detox liver	far infrared relaxes muscles, repairs damaged tissue and helps blood circulation and metabolism.
Reflexology 	ERE pads can be used on shoulders, arms and hands to relax muscles and improve local blood circulation	ERE pads can be used on shoulders, arms and hands to relax muscles and improve local blood circulation			ERE relaxes muscles and improve local blood circulation

Q: What level is it if the light tube lights up when your hand gets close to it but does not touch or tap it?

A: It is also considered as Level ONE but prone to drop to Level TWO .

Q: How do you explain when the same energy level has different brightness?

A: The brighter the better. If it is level 2 but comparatively dimmer than other positions, either the circulation or meridian is prone to drop to lower energy level.

Q: Under what circumstances will the test results tend to be inaccurate?

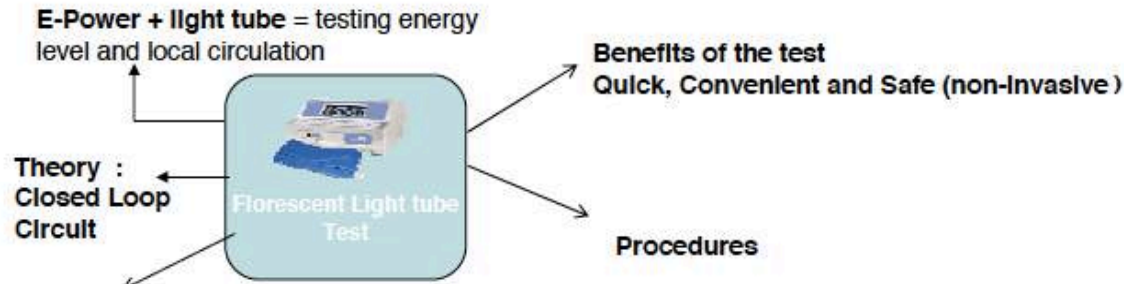
A: Empty stomach, medication, and right after heavy exercise may result in inaccuracy of energy level.

Q: Is it safe to receive the test during menstruation?

A: It is fine.

Q: Is it safe to receive the test during pregnancy?

A: It is not recommended to do the test during pregnancy.



Test Preparation

Position	Ideal level	Not enough brightness Likely Issues:
Left Hand	1	stiff neck, tennis elbows, cerebral thrombus
Left shoulder	1~2	Stiff shoulder, Scapulohumeral Periarthritis, Stiff neck
Head	2	Poor sleep, Insomnia, Headache, Migraine, Poor memory and concentration, Dizziness, Blurry vision, Mental illness
Right Hands	1	stiff neck, tennis elbows, cerebral thrombus
Right shoulder	1~2	Stiff shoulder, Scapulohumeral Periarthritis, Stiff neck
Heart	2	Poor breathe / Dyspnea, Fatigue, Cardiopathy, Lack of strength, Stress
Liver / Gallbladder	2	Allergies, Poor Liver, Hepatitis, Gallstone, Poor appetite, Tiredness, Cramps
Stomach /Intestines	2	Gas/bloating after meals, Heartburn, Stomach issues, Digestive system dysfunction, Constipation, Irregular bowel movement, Diarrhea, Athopia / Mental or emotional disorder
Right Knee / foot	1	Knee : poor blood circulation, arthritis, injuries
Left knee / foot	1	Foot : poor blood circulation, arthritis, cramps, cold feet
Pancreas	2	high blood sugar
Waist	2	water retention, lower back pain, insomnia