



**ELECTRO REFLEX ENERGIZER**  
Personal Experiences and Opinions.



**Amalia Mangelsdorf - Reflexologist, Nurse, Herbalist - Charlestown, Indiana, USA.**

"I have found this product marvelous, especially the Electro Reflex Energizer. It captivated me when I used it from always being tired from my feet, and it was incredible the relief that I felt. As a professional of health I have studied reflexology and I believe that this is an incredible invention that helps problems of circulation and many other problems. I have many patients that I am promoting to them to use it. I recommend it extensively."

**Brenda Fandrick, Registered Massage Therapist - Sask. Canada.**

"I enjoy having an ERE treatment after a busy day on my feet. I feel immediate relief for my sore legs and feet"

---

**DISCLAIMER:** Voluntary anecdotes from individual users sharing what they personally experienced, relevant to their lifestyle and state of health do not necessarily reflect results that other individuals may or may not experience. These reviews are not to be used as medical advice and are not presented with the intention as such. Whilst real-life experiences can be a helpful resource, they are not a substitute for individual medical advice which must be obtained from a qualified health practitioner. Consumer reviews themselves are not reliable scientific evidence. HTE does not endorse any personal experience found herein.

---

**INTERNATIONAL EXPERIENCES:**



**Certified Natural Health Professional Review, USA - January 2003.**

**Linda Oyama** CNHP, owns the Peaceful Valley Natural Wellness Center near Bozeman, Montana. Linda uses kinesiology and colon therapy in her practice. After the first 6 months of using the Electro Reflex Energizer in her wellness center, Linda reported the following:

- \* Parasites and tapeworms eliminated quickly (via feces) - verified by family doctors.
- \* Viruses, bacteria, mold, fungus and yeast eliminated completely.
- \* Healed nerves. Previously numb feet regain feelings - confirmed by countless distributors and clients.
- \* The electro-pads generate relief for sore shoulders, neck and back tension, and pulled muscles.
- \* Radiation appeared to be erased.
- \* Blood purification.
- \* One female reported fifteen fibroid tumors had dissolved - verified by doctor.

**As of October 2004** Linda Oyama reports consistent and outstanding results from users of the ERE.

**Winter 2005 - Dr. Mohamed Nasr, PhD in Pharmacognosy, Lake Villa, Illinois, USA.**

Dr. Nasr, an extremely qualified physician from Egypt, who received his MD degree from Rush Medical College Chicago, has been studying the ERE for eight months. He is thrilled with the machine because of the electro pads which he likens to a TENS unit which he has extensive experience with. TENS are excellent for working with neuro-muscular diseases. Dr. Nasr stated "The ERE is the best unit i've seen in 30 years of practicing medicine".



Electro-pads relieve pain, soreness and tension.

**Lois Weigand - Help and Hope Director, Wickliffe, Ohio.**

"Since adding the Electro Reflex Energizer to our recommendations for our clients we are seeing faster and more dramatic benefits for a wide range of conditions. Just two examples will illustrate:

1) The first was a lady with rheumatoid arthritis who after using the ERE just one time felt significant relief of her pain and reported that she also had the best nights sleep in years. Since then she purchased an ERE of her own and after just five days reported that she was able to reduce her medication by fifty percent and still enjoy significant reduction of pain.

2) The second is a male in his seventies who still works as a manufacturer's representative and drives many hours each day. For years he has gripped the steering wheel with his right hand while he drives. But his right wrist had become so painful that it was becoming extremely difficult for him to continue driving and working. He used the ERE only a few times and already is almost completely pain free. Needless to say, we are very pleased with the successful results the Electro Reflex Energizer is producing."

**Kenneth L. Goldsberry, Ft Collins, CO, USA - 2009**

"Last year I broke my left ankle and upon having it repaired with two screws, a neighbor friend brought me his ERE unit and suggested I try it and see if it helped the healing process. When I first started, the tingle would not penetrate the left leg, but the right leg immediately experienced the "flow of electrical impulses", so I knew how the left leg should perform.

After a couple days of trying to get the impulse to flow in through the left foot, I stated pushing different parts of my foot onto the left foot pad. After several days of testing, I finally learned that the back edge of my heel was the only place that the impulses would pass into my leg. The first three or four times the results were minimal. After four days the whole heel became a sensing area and after seven to ten days the entire foot started having the sensations. Finally, after two weeks, the stimulation in the left leg compared to that received in the right leg.

I am pleased to report that the accident happened on April 1st 2008 and by July 1st my ankle appeared to be completely healed. I have had no trouble with it since I stopped using the ERE around January 2009."



Reflexology dates back to ancient Egypt. The soles of the feet correspond to glands and organs throughout the entire body.

**Joyce Major, Natural Health Consultant - Strongsville, Ohio, USA.**

"I am a Natural Health Consultant and taking steps to keep myself and my clients healthy. Since I started using the ERE Machine in early May, I have had a lot of improvements in my body. I can now walk inside the house without shoes on all the time. The stiffness and pain in my hips and other joints has lessened dramatically. I am now back at the gym exercising 3-4 times every week and I want to go ... just getting there was a real problem. Not any more. YEA! I have also noticed that I handle stress a lot better now. I am also more focused in my many tasks of each day.

I have already helped several people by helping them realize how important health is and they can control their own health by purchasing an ERE Machine too. Many people are now helping themselves to a better way of living. The clients that I have helped experience increased energy including a woman with MS for 40 years is back to driving her car again, and a seasoned runner, after 40 minutes runs more effortlessly.

I have helped an elderly gentleman (age 78) start healing again after injuries. Before the ERE, he would injure himself in the garden or just around the yard and his wounds would NOT heal. He also has prostate cancer and taking medication for that. I am hoping he will get off his Comadin soon. Now he uses his machine EVERY day.

I have clients that seem to have NO particular problem and after they use the ERE, they feel so full of energy that they are happier and healthier. I have experienced the ability to get up and down off the floor with ease again, since I have been told I have arthritis of the spine. I have 90% less discomfort. All of my clients seem to be able to handle the daily stresses of life with more ease."

**Rick Rund - March 2005.**

"My wife's brother-in-law purchased and used his ERE for carpal tunnel and within two weeks has had remarkable results."

**Joan Grigg, USA - 5/5/07**

"I just love my Electro Reflex Energizer machine. I did have to start only using it once a day as my body was not eliminating the toxins fast enough and my feet started to swell. I go on it for five minutes on mode 1, then 15 minutes on the [chi machine](#) before bed. I go on

the chi machine for 15 minutes in the morning too. I drink a lot of water and green tea. I've lost about 8 pounds and have more energy."



Sit down, choose your settings, and relax.

**Silvia Vidal Morales - Monterrey, Mexico.**

"I am 40 years old. My doctor recently gave me an exam and detected severe digestive problems including chronic constipation and gas. My abdomen looked big and my breathing was difficult. I also had pain in my stomach about an hour after eating. I had this problem for nearly 2 years. I started to use E-Power for half an hour every day (*mode one*). On the fourth day, I expelled a part of a parasite (tapeworm). The expelled part of this parasite was almost 90 cm. long!

My mood started to change and I started to feel better. The next day, after treatment with the E-Power machine, I didn't feel any abdominal pain. Since beginning E-Power sessions, not only have I expelled the parasite, but my overall health has improved dramatically."

Suggested electrotherapy protocol: 21 days on auto mode - 5-10 mins/day.

**RJ Silverstein, Bristol, UK**

"Plantar Fasciitis is the most common cause of heel pain and means "inflammation of the plantar fascia." The plantar fascia is the long, flat band of tissue (ligament) that connects the heel bone to the toes and supports the arch of the foot. If the plantar fascia is strained, it can develop small tears. As a result, it becomes weak, swollen and irritated (inflamed), and hurts to stand or walk. The ERE is a wonderful tool to help this painful condition."

**November 2005 - Dr Cindy Jungwirth, DC, Saint Paul, MN, USA**

"I have been using the ERE on carpal tunnel, plantar fasciitis and myofascial problems with great success and am excited to continue to try it on many more patients."

**Dr. John Madden, Cornwall, UK**

"There have been significant results for clients with neuropathy associated with diabetes, resulting in a loss of feeling in the legs. It is common for clients with neuropathy to turn the machine all the way up before they feel it, if indeed they do feel anything at all. It is commonly reported that 15-20-minute sessions, working through all three modes, many clients have started to regain feeling with regular use. A good point about the ERE is that one is in control of the intensity of each mode, and can therefore control comfort level. As feeling floods back into the legs, the mode intensity may be reduced with progression."

**Dr. Lonnie Holmquist - Holmquist Advanced Chiropractic, Lindstrom, MN, USA**

"I've used the Electro Reflex Energizer machine on many patients in my practice with great results. Two of my 80 year old patients go on the machine the second they walk in the clinic. They have made great progress with their foot numbness and leg cramps."



Do not place the electro-pads on the heart or the head.

**Dave Vitantonio, Nutrition Consultant - Willoughby Hills, Ohio, USA**

"Some of the benefits our clients have experienced from using the Electro Reflex Energizer include improvement in neuropathy caused by Type 1 diabetes, reduction in aches and pains, increased energy, better sleep, reduction in need for pain medication, and relief from the symptoms of carpal tunnel syndrome. Others have experienced improved digestion and elimination, better focus and concentration, and reduced symptoms of stress."

**Solo Friesen, Bognor Regis, UK, July 2011**

"My aunt has had diabetes since she was in her 30's (now 73yrs old), and she has been using the ERE everyday for the past several months. She had lost nearly all feeling in her left leg and only had minimal feeling in her right. The doctors had discussed amputation if gangrene sets in and I refused to accept that choice. I gave the ERE to my aunt as a birthday present. She now has feeling in both legs and gets around with a walker. I'm thrilled and so is she as we can go to the park or the beach which she hasn't done for years!"

 **Epinions.com - Jan 2010.**

"What I believe this machine is helping me with is balance and lower leg strength. Personally, I love the electrical jolts it puts into my feet. I use the strap around my knees as recommended. I like to turn the power up fairly strong so that I feel the muscle stimulation all the way above my knees!

The machine has a foot pad warmer that keeps my feet toasty warm while I'm using it. I love the heat. If you can afford to buy this just to warm up cold feet I would recommend it just for that! □. Whether or not it does all the healing stuff it suggests it's good for, is not something I can say. What it doesn't seem to say much about is that by stimulating all the muscles in your ankle and lower leg, you improve balance. I am using the ERE every day, and I believe I am noticing an improvement in balance. □

I believe that my circulation is better this winter than in previous years. I do not notice my feet being nearly so cold this winter as they were before I started using the ERE machine."

 **Joachim Freisen - Copenhagen DK, 2015**

"My grandmother (68 yrs), has really bad neuropathy in her legs (she can't feel them much), from diabetes. I gave her the Electro Reflex Energizer as a birthday surprise. That was a few months ago. She is now walking with her cane, enjoying picnics with us and she swears she will be riding her bicycle again soon. It has been a long time since i saw her smile and be so happy and comfortable. Her legs are not nearly so swollen, she can feel them now and her pain level is greatly reduced as long as she is active everyday and uses the machine. I believe this will also help help her feet stay warm in the cold winter months we have here because her circulation is now working. I am so so thankful that i found this 'ERE' machine by chance, but as they say, there is no such thing as by chance. Tak! "



[ERE BOOK.pdf](#)

Your personal in-depth guides to the ERE.  
Everything you need to know.

[ERE BOOK 2.pdf](#)

[ELECTRO REFLEX ENERGIZER](#)

Reflexology via Electrotherapy.



[CONTACT US](#)

24hr Hotline and Email.



[HOME](#)

Extensive health guidance.

Statements on this website have not been evaluated by the American Food and Drug Administration. This website is for informational and educational purposes and is in no way intended to provide individual medical advice which must be obtained from a qualified health practitioner. Chi Machine International does not claim that any HTE product presented herein will diagnose, treat, cure or prevent any disease. Chi Machine International will not be held liable for any adverse effects resulting from use of HTE products, or by any individual who chooses to pursue information presented herein, as they do so solely at their own discretion. ASK QUESTIONS, RESEARCH EVERYTHING.

Electro Reflex Energizer, ERE, Electro Reflexology - Personal Experiences  
©2002-2016 Chi Machine International, Independent HTE Distributor - [Copyright](#) - [Privacy Policy](#)

